



**Primary Care Psychiatry
Foundation**

P.O. Box 90072
Indianapolis, IN 46290-0072

Cutting edge
psychiatry in the
primary care
setting



**Community
Health Network**

January 21, 2020

Dear Colleagues

We are pleased to invite you to the upcoming **May 16, 2020 Primary Care Psychiatry Foundation (PCPF) Conference**, entitled **Risks and Resiliencies: Health and Health Care Disparities in Transgender Youth Under 25 Years of Age at the College of Osteopathic Medicine, 3200 Cold Spring Road, Indianapolis, IN 46222**

Medical and mental health care providers practicing today are often woefully unprepared to manage the complex array of medical and psychiatric challenges facing transgender youth. Transgender youth who present to these professionals often feel misunderstood and poorly treated. The purpose of this conference is to decrease the knowledge gap and increase the understanding with which clinical professionals enter the exam/interview room occupied by the transgender youth. Transgender youth are at much higher risk of psychiatric comorbidities than the general youth population. In a recent Center for Disease Control Behavior Risk Survey of 11,000 high school students, 1.8% of youth identified as transgender. One in 3 transgender youth reported attempting suicide and almost 1 in 3 youth is a survivor of sexual violence. More than 50% of transgender youth report a 2-week (or more) history of depressive symptoms. Transgender individuals are 6 times as likely to have health care visits related to mood and anxiety disorder symptoms, 6 times as likely to be hospitalized psychiatrically after a suicide attempt and more than 3 times as likely to be taking medications for depression and or anxiety. While overall mental health improves with sexual reassignment surgery, psychiatric risk and impairment remains above that of the general population.

May 16, 2020 Agenda

7-730am-	Vendor Display Table setup
715-750am	Registration and Breakfast (visit vendors)
750-8am	Introduction
8-9am	Understanding Nonbinary and Other Gender Diverse Patients (Alex Geiger MD))
9-10am	“Social Transitioning”: Preschool through Grad School (Maria Hanzlik PhD)
10-1020am	Break/Snack/Vendors
1020-1120am	Enhancing Psychiatric Care of Trans Youth: Psychiatric Comorbidities (ASD, Mood, Suicide, Psychosis, Dissociative Disorders; SUDs) Dana Hardin MD
1120-1220pm	“Expert” Panel: Health Care Experiences Among Transgender Youth (Joshua Lowinsky MD)
1220-120pm	Lunch with Speakers and Panelists (visit vendors)
120-220pm	Transgender Care for the Medical Provider (WPATH, Violence, STIs) Eric Meininger MD
220-320pm	Medical and Surgical Management Options in Transgender Youth (Eric Meininger MD)
320-340pm	Break/Snack/Vendors
340-440pm	Transgender Health (Care) in College (Laura Knudson MD)
440-455pm	Closing remarks, evaluation completion, and adjournment

Program Objectives:

- 1. Define 5 groups of non-binary/gender diverse patients**
- 2. Describe 2 similarities and 2 differences in social transitioning among prepubertal and postpubertal youth**
- 3. List 5 common psychiatric comorbidities among youth with gender dysphoria (Mood disorders, Psychotic Disorders, Dissociative Disorders, Impulse Control Disorders, Anxiety Disorders)**
- 4. Describe 3 common transgender youth adverse experiences with medical/mental health professionals**
- 5. List 5 medical comorbidities in youth with gender dysphoria**
- 6. List 2 medical and 2 surgical options for transitioning transgender youth**
- 7. List 4 common health concerns of transgender college students**

We look forward to you joining us May 16, 2020!!

Joshua Lowinsky, MD

Primary Care Psychiatry Foundation Co-founder and Program Chairman

I will attend “Risks and Resiliencies: Health and Health Care Disparities in Transgender Youth Under 25 Years of Age”

Name: _____

Company: _____

Address: _____

Email: _____

Contact phone numbers: Office _____ Cell _____ Other _____

<u>Professional Registration Fee</u>	<u>Physician</u>	<u>Other Professional</u>	<u>Institution</u>
Early Birds: Prior to March 1, 2020	\$150	\$125	\$500
Regular Rates: Prior to April 1, 2020	\$175	\$150	\$750
Late: On or after April 1, 2020	\$200	\$175	\$1000

Trainees Registration Fee-Up to 10 trainees per institution may attend this conference at no charge with training institution support amount dependent on when the online payment is received as described above

Make checks payable to *Primary Care Psychiatry Foundation* and mail to:

Primary Care Psychiatry Foundation

c/o Joshua Lowinsky, MD

9106 N Meridian St Suite 100 Indianapolis, IN 46260 **OR**

Register online as an institution, exhibitor, or individual at www.primarycarepsychiatry.org

Accreditation:

Community Health Network is accredited by the Indiana State Medical Association to provide continuing medical education for physicians.

Community Health Network designates this live educational activity for a maximum of 7.25 *AMA PRA Category 1 Credit(s)*TM. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

Why Attend Primary Care Psychiatry Foundation (PCPF) Conferences?

Your attendance advances your knowledge base, improves your patients' health, and helps move forward the vital work of the foundation to educate and train primary care physicians, other professionals, and individuals within systems of care in the early identification, accurate diagnosis, effective treatment, and appropriate referral of patients to optimize their mental and physical health, locally and regionally.