

## Primary Care Psychiatry Foundation

foundation@primarycarepsychiatry.org P.O. Box 90072 Indianapolis, IN 46290-0072



### Dear Colleagues:

We are pleased to invite you to join us for the upcoming **January 10, 2015 Primary Care Psychiatry Foundation (PCPF) CME/CE conference entitled: Addictions Across the Lifespan** held at Marion University College Of Osteopathic Medicine; 3200 Cold Springs Road. Indianapolis IN 46222.

This is the first PCPF conference focusing exclusively on addictions and their comorbidities. This focus is due both to the information explosion regarding addiction important for primary care and mental health practitioners to assimilate, as well as to the level of morbidity and mortality due directly and indirectly to substance use disorders in this and many other countries.

Progress on understanding the neurobiology of addiction has been particularly exciting over the last decade including animal models of addiction, cellular and molecular mechanisms in addiction, and neuroimaging to help further elucidate aspects of addiction including craving, relapse and recovery.

Understanding the pharmacology of substances of abuse will be a focus. When working with individuals with substance use disorders, it is key to understand the impact of route of administration, as well as look for evidence of tolerance, dependence (physical) and sensitization.

We will focus on common substances of abuse and effective office-based pharmacological interventions for tobacco, alcohol, and opioids. The importance of screening, assessment and brief intervention is undeniable and can positively impact practice. Knowing the medical and psychiatric disorders which commonly co-occur with SUDs is vital in their effective treatment. Motivational interviewing is a key skill for office based practitioners to acquire when working with individuals with SUDs and can open up, rather than shut down, opportunities for growth and change.

### **AGENDA**

AGLINDA		
7:30-8:00am	Registration and Breakfast	
8:00-8:15am	Welcome and Introductory Remarks (Joshua Lowinsky, MD)	
8:15-9:00am	The Neurobiology of Addiction (Ayesha Sajid, MD)	
9:00-9:45am	Substance Abuse Disorders: Screening and Brief Interventions	
	(Barb Davis, MD)	
9:45-10:30am	Case Scenarios (Barb Davis MD)	
10:30-10:45am	Break	
10:45-11:15am	Expert Panel Discussion (Sajid, Davis)	
11:15-12:00pm	Medical and Psychiatric Comorbidities (Joshua Lowinsky, MD)	
12:00-12:30pm	Box Lunch and drink	
12:30-1:15pm	Non-pharmacological Intervention: Motivational Interviewing	
·	(George Brenner, MSW)	
1:15-2:00pm	Pharmacologic Interventions (Tim Kelly, MD)	
2:00-2:30pm	Expert Panel Discussion (Brenner, Kelly, Lowinsky)	
2:30-2:45pm	Evaluations, Q and A, and Wrap-up	

Improving the early identification, diagnosis, treatment and referral of teens and adults with addictions will go a long way to improving the mental and physical health of our patients

Take this opportunity to register as an attendee for the January 10, 2015 Primary Care Psychiatry Foundation CME/CE conference.

Sincerely, Joshua Lowinsky, MD Primary Care Psychiatry Foundation Co-Founder



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### Why Attend the Primary Care Psychiatry Foundation (PCPF) Conferences?

Your attendance positions yourself and your organization as a community leader in efforts to move the vital work of the Foundation forward: to educate and train primary care physicians, other professionals, and individuals within systems of care in the early identification, accurate diagnosis, effective treatment and appropriate referral of patients with psychiatric disorders locally, regionally, nationally, and worldwide.

Yes, I will attend the Primary Care Psychiatry Foundation CME/CE Conference: Addictions Across the Lifespan On January 10, 2015

Name:		
Company:		
Address:		
Email:		
Contact phone numbers: Office	Cell	Other

#### **Fees**

Regular Rates: Prior to December 1, 2014 \$105 MD/DO \$90 Other professional \$25 Residents \$15 Students

Late: On/after December 1, 2014 \$130 MD/DO \$115 Other professional \$25 Residents \$15 Students

Make checks payable to Primary Care Psychiatry Foundation and mail to (or register online)

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Questions? Please contact Dr. Lowinsky at <a href="mailto:ilowinsky@primarycarepsychiatry.org">ilowinsky@primarycarepsychiatry.org</a> or (317) 372-3921